

# Wellbeing Essentials

*An introductory package to help companies with less than 100 employees build the foundation of their employee wellbeing programme. This package gives you the data and strategy required to build and implement your own employee wellbeing programme, or utilise our range of support and affiliates as little or as much as you'd like.*

**£3900 per annum\***

For companies of less than 100 employees

## This package includes:

- Audit of the company's current wellbeing position to identify initial issues and pain points: looking at existing absence data, turnover vs retention rates, use of EAPs, mental health indicators and healthcare cost
- Conducting an anonymous employee survey to gather data on their health and wellbeing
- Analysing headline data from the employee survey to identify key areas for improvement
- An essentials recommendation report, based on the data analysis, focusing on the areas of wellbeing that are important for your employees\*\*
- 12-month live webinar programme for employees, covering a wide range of wellbeing topics
- Complementary employee benefits review
- Complementary financial wellbeing discussions for employees
- Access to wellbeing support & services via our affiliate network at standard rates

Price is inclusive of VAT

\*Cost EXCLUDES:

Service fees of wellbeing affiliates

\*\* For an additional cost, support can be provided by us through utilising our range of affiliates, or you can address the findings independently